

# Update on prevention, health and wellbeing work within HEE

## North West PH network event 12 April 2016



Developing people  
for health and  
healthcare

[www.hee.nhs.uk](http://www.hee.nhs.uk)

# Outlining the National Perspective, Work to Date and Future Vision

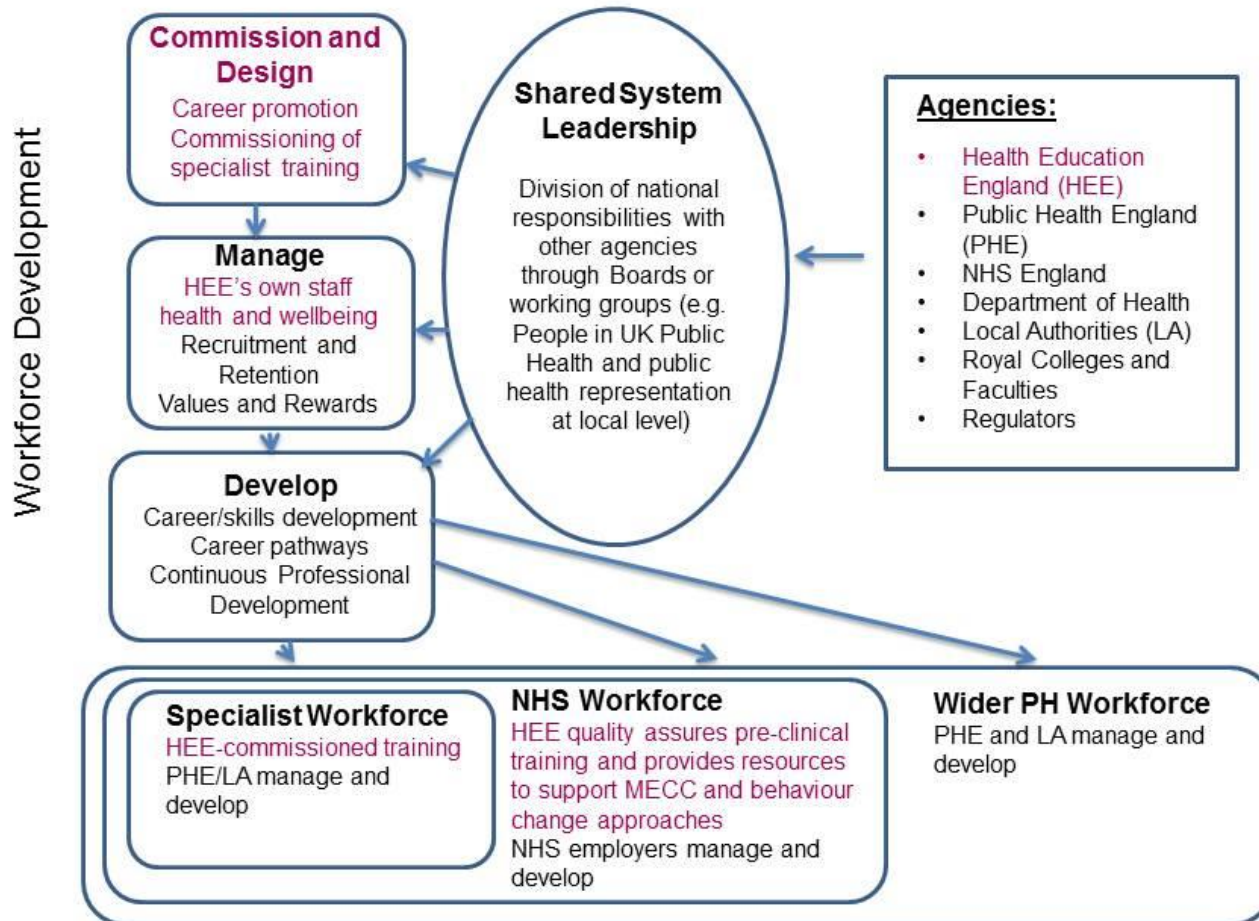
- **Prof Ged Byrne – Director of Education and Quality – North**
- **Janet Flint - Programme Lead – National Programmes**

# The prevention, health and wellbeing workforce



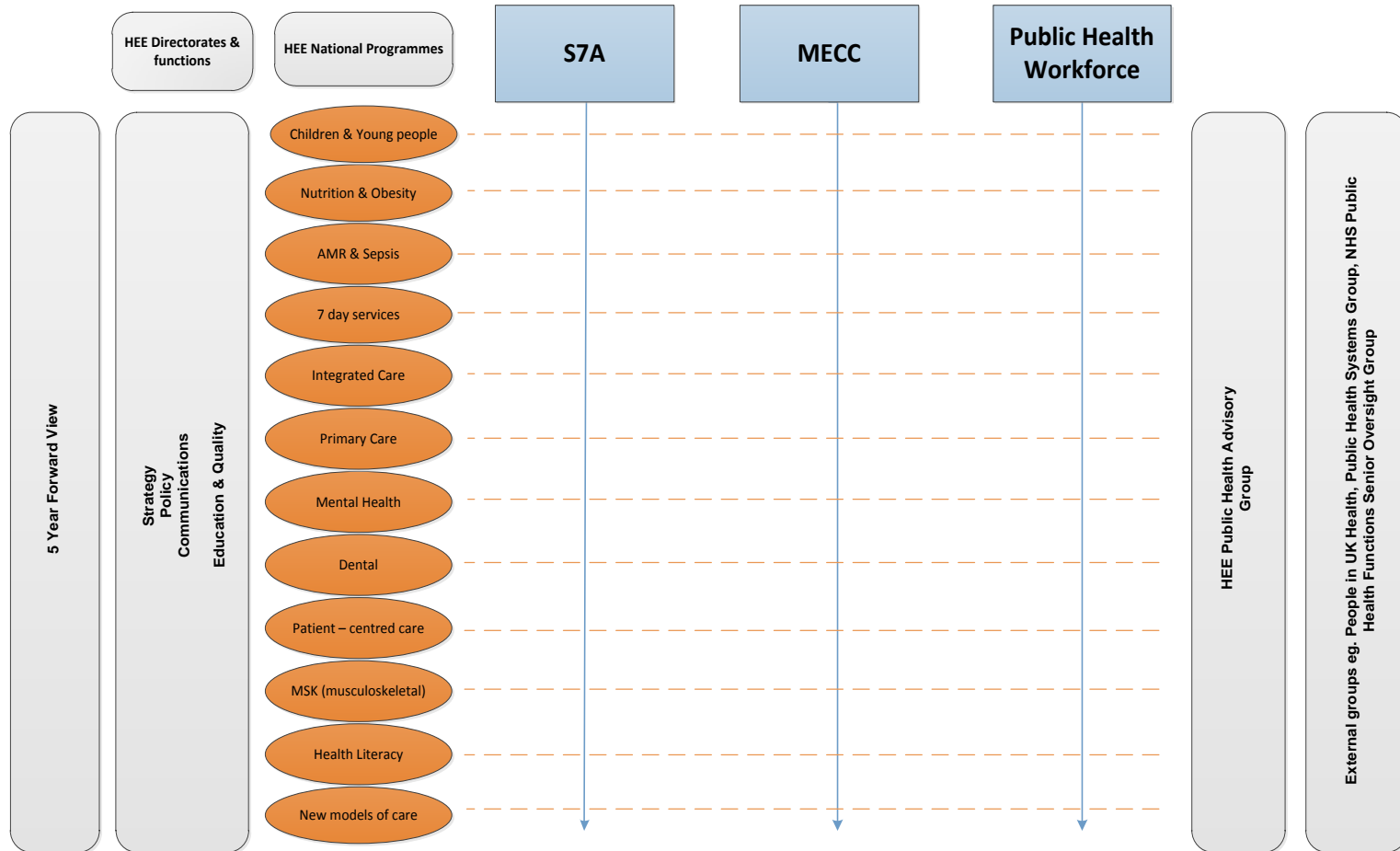
The prevention and public health pyramid. Source: PHE

## Whole System Workforce Development – the role of HEE



# Prevention within HEE

## Prevention & Public Health



# Work plan for 16-17

- Workforce Development:
  - Scope the feasibility of evaluating the quality of PH in curricula
  - Facilitate HEE local pilots to assess potential for the wider roll-out of the quality assurance dashboard developed in North West
  - Health literacy pilots
  - Conclude the public health practitioner registration deep dive and make recommendations to HEE and the wider system

# Work plan for 16-17

- Public Mental Health:
  - Action plan for Mental Health Prevention and Promotion (MH task force recommendation)
  - Evaluate e-learning in this area and identify gaps
- Scoping work to inform higher level health lifestyle teaching/learning & links to other work e.g. patient-centred care, self-care, health coaching

# MECC – update

System wide partnership working – MECC Advisory Group

- Definition
- Implementation guide
- Evaluation framework
- Training quality marker checklist
- Consensus statement

<https://www.gov.uk/government/publications/making-every-contact-count-mecc-practical-resources>



# Making Every Contact Count (MECC)

## Core MECC definition

*Making Every Contact Count is an approach to behaviour change that utilises the millions of day to day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing. MECC enables the opportunistic delivery of consistent and concise healthy lifestyle information and enables individuals to engage in conversations about their health at scale across organisations and populations.*

# MECC – update

MECC Conference – 27 January 2016 at Salford University

- showcase of the best practice around the delivery of MECC and behaviour change education and training
- launch of the national MECC tools
- community of practice network



# Work plan for 16-17

- Continue work on MECC:
  - Re-develop [www.makingeverycontactcount.co.uk](http://www.makingeverycontactcount.co.uk)
  - Regional events and communication on MECC through MECC community of practice
  - Evaluate MECC activity across local teams
  - Transfer of regional MECC e-learning programmes to national eLfH platform
  - Commission a literature review of the current evidence base on MECC
  - Review and update obesity and nutrition e-learning

# Work plan for 16-17

- Antibiotic Resistance (AMR) and Sepsis:
  - Consider of the review of AMR prescribing competencies embedded in curricula
  - Identify gaps in educational resources for AMR
  - Evaluate the impact of AMR e-learning package
  - Complete new resources (primary care and children)
  - Update existing resources to align to NICE
  - Sepsis spotlight project with RCGP